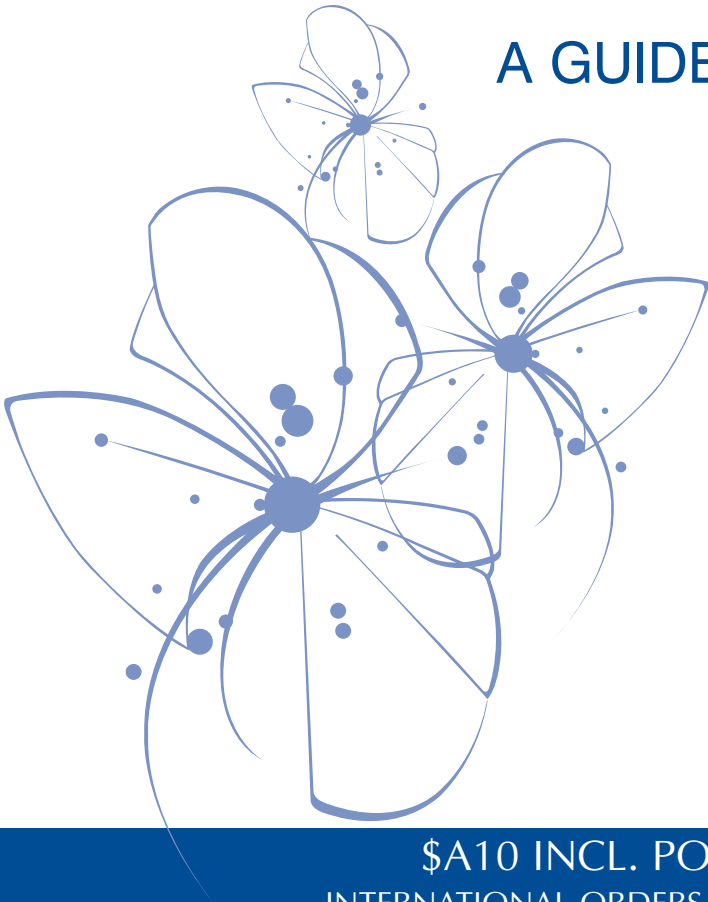


Supporting a Person Who Needs Palliative Care

A GUIDE FOR FAMILY AND FRIENDS DR. PETER HUDSON PhD



"This carers booklet provides a comprehensive, empathetically written, resource about the common issues facing carers during a journey with someone facing an incurable progressive illness. The information is presented in a manner that will empower them in their role as carer and minimise the stresses present during their relatives' illness. The booklet highlights the wholistic approach taken in palliative care and can be read in "bite size chunks". I would be confident to recommend it to my patients' carers".

Dr. Peter Martin
Regional Director, Palliative Care
Barwon Health
Victoria, Australia

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These comments were offered by family carers who used the guidebook as they cared for a relative/friend with a life threatening illness

"When I read the book I feel like it was written for me"

"This book is the only thing I've read that accurately describes what I am going through"

"This book should be given to every carer as soon as their relative needs palliative care"



SUPPORTING A PERSON WHO NEEDS PALLIATIVE CARE

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