

## Specialist Certificate in Palliative Care

### 1. PERSONAL DETAILS

Title:  Name:

Position:

Organisation:

Special Requirements (eg access, dietary or other)

### 2. CONTACT DETAILS

Mailing Address:

City:  State:  Postcode:

Phone:  Fax:

Email:

### 3. AWARD COURSE OPTIONS

I wish to enrol in the Specialist Certificate in Palliative Care. Please send me the application form to the above address. Please note, payment is not required at this stage.

### 4. SHORT COURSE OPTIONS

Please register me for the following short course(s) (please include payment using this form)

- Palliative Care: "The Essentials" (\$500 pp) 28th & 29th February 2008
- Therapeutic Communication Skills for Palliative Care (\$550 pp) 5th & 6th May 2008
- Evidence Based Palliative Care (\$250 pp) 18th July 2008
- Symptom Management and Technical Aspects of Palliative Care (\$250 pp) 7th August 2008
- Palliative Care in Non-Cancer Contexts (\$250 pp) 8th August 2008
- Psychosocial Aspects of Palliative Care (\$250 pp) 11th September 2008
- Family Centered Palliative Care and Cultural Issues (\$250 pp) 12th September 2008
- Palliative Care: "The Essentials" (repeated program) (\$500 pp) 27th & 28th October 2008

### 5. SHORT COURSE PAYMENT DETAILS

Please charge \$  (gst incl) to my  Bank Card  Master Card  Visa

Cardholder's Name:

Credit Card Number:             Expiry Date:  /

Signature:

Enclosed is my cheque made payable to: UMEE Pty. Ltd.  Please send an invoice to my mailing address

#### PAYMENT POLICY & CANCELLATION

- Payment of course fees must be made prior to the commencement of the course. Payment can be made by credit card or cheque and should be made payable to UMEE Ltd.
- Bookings made within 30 days of the course commencement date will be accepted only with evidence of payment. (i.e credit card, purchase order)
- Participants who cancel their enrolment more than 28 days prior to the scheduled commencement of the course will be refunded all fees.
- Participants who cancel their enrolment less than 28 days prior to commencement of the course will not be entitled to a refund. Participants may elect to send another representative in their place.

Return completed registration forms to:  
 School of Enterprise, University of Melbourne Hawthorn Campus  
 442 Auburn Road, Hawthorn, Melbourne VIC 3122 or Fax to 03 9810 3149

For more information please contact:  
 Lechée Donato, Project Manager  
 T: 03 9810 3174 E: palliativecare@soe.unimelb.edu.au



THE UNIVERSITY OF  
 MELBOURNE

2008

School of Enterprise

Specialist Certificate in Palliative Care >



Industry standard training for all health professionals



St Vincent's

Continuing the Mission of  
 the Sisters of Charity



CENTRE FOR  
 PALLIATIVE CARE  
 EDUCATION & RESEARCH

# Course Information >

The Centre for Palliative Care Education and Research at St Vincent's Hospital has developed a new University accredited graduate training program in Palliative Care through the University of Melbourne.

The training is targeted at health professionals (all disciplines) who are required to provide palliative care in their work setting. A delivery format of two four-day subjects offered intensively throughout the year has been established to accommodate the needs of regional and interstate health professionals.

In addition all components of the award course will be offered as individual non-award short courses. This will be particularly inviting to generalist health care professionals and/or those working in specialist palliative care who want to update their skills in a particular area but do not want to enrol in an entire postgraduate course.

## Entry Requirements

An undergraduate degree or equivalent qualification in medicine, nursing, an allied health profession, science or social science which is recognised by the University as evidence of adequate preparation for the course plus documented evidence of at least one year's full-time relevant professional work experience in a medical, scientific or allied health environment. Potential students will be responsible for providing palliative care within their current workplace

## Course Objectives

The course aims to be the industry standard for health professionals working in specialist palliative care and will be delivered by experts in their fields, drawn from multiple institutions around Victoria, as appropriate. The course explores the core concepts related to palliative care, including practice standards, symptom management, communication skills, evidence based practice, non-cancer contexts, psychosocial issues, bereavement care and support for family carers.

## Program Structure

To satisfy the requirements of the Specialist Certificate in Palliative Care, students need to complete two, 12.5 credit point subjects within a 12 month period.

- Fundamentals of Palliative Care (12.5 point subject)
- Critical Inquiry in Palliative Care (12.5 point subject)

Each subject involves 4 days of face to face contact spread throughout the year and incorporates the following:

## SUBJECT 1: FUNDAMENTALS OF PALLIATIVE CARE 12.5 points

### Palliative Care: The Essentials

28th & 29th February 2008 OR 27th & 28th October 2008

Incorporating: Principles, policy and standards of palliative care and an introduction to practice issues including complementary therapies and subsequent topics (e.g. symptom management).

### Therapeutic Communication Skills in Palliative Care 5th & 6th May 2008

Conducted in partnership with the Cancer Council of Victoria.

Incorporating: Principles and practice of therapeutic communication skills & working in multidisciplinary teams (incorporates a supervised practicum with actors).

## SUBJECT 2: CRITICAL INQUIRY IN PALLIATIVE CARE 12.5 points

### Evidence Based Palliative Care\*

18th July 2008

Incorporating: Basics of quantitative and qualitative research, ethical issues, evaluation, quality activities, implementing research into practice and dissemination strategies (eg presentations, publications).

\*This is a core component for all students in order to graduate with the Specialist Certificate in Palliative Care.

### Symptom Management in Palliative Care\*\*

7th August 2008

Incorporating: symptom assessment and management, and technical skills.

\*\*This is a core subject for registered doctors and nurses

### Palliative Care in Non-Cancer Contexts

8th August 2008

Incorporating: Aged care, paediatric care, neurodegenerative disorders, end-stage organ failure and HIV AIDS.

### Psychosocial Aspects of Palliative Care

11th September 2008

Incorporating: Psychological/psychiatric syndromes, psychotherapeutic, social and ethical/legal issues.

### Family Centred Palliative Care and Cultural Issues

12th September 2008

Incorporating: cultural issues and bereavement care.

To successfully complete **Subject 2: Critical Inquiry in Palliative Care**, all students must complete a total of 4 days. Students who are not doctors or registered nurses must complete Days 1, 3, 4 & 5. Doctors and nurses must complete Days 1 and 2, and then may choose two out of the remaining three days.

## ASSESSMENT

### Fundamentals of Palliative Care

- 40% one 3,000 word assignment
- 40% prepare a learning package, reflective of subject content and appropriate for implementation in own practice setting
- 20% one 1,500 word assignment

### Critical Inquiry in Palliative Care

- 30% one 2,000 word assignment
- 50% clinical portfolio (set of self directed clinically focused learning activities assessed by a clinical mentor)  
Note: for doctors and nurses there will be a focus on symptom management and technical skills.
- 20% critical review of the literature relevant to course content

The specialist certificate will be accredited for consideration at Masters level at The University of Melbourne, with potential for the course to be credited by other universities. Scholarships of up to \$3,000 each are available via application to Palliative Care Victoria (see pallcarevic.asn.au or phone 03 9662 9644 for more information). FEE-HELP information is available via www.goingtouni.gov.au

# Short Course Options >

## Palliative Care: The Essentials

28th & 29th February 2008 OR 27th & 28th October 2008

Incorporating principles, policy and standards of palliative care, this topic offers an introduction to practice issues including complementary therapies and subsequent topics (e.g. symptom management). This topic is targeted at doctors and nurses (Division 1 & 2), undergraduate medical and nursing students, and all health professionals, including those working in aged care, acute care, cancer care and palliative care.

Those working in supportive roles such as pharmacists, community care, pastoral care workers, bereavement workers, case managers, social workers occupational therapists, physiotherapists, psychologists and complementary therapists would also strongly benefit from Palliative Care: The Essentials.

## Therapeutic Communication Skills in Palliative Care

5th & 6th May 2008

Conducted in partnership with the Cancer Council of Victoria, this topic incorporates principles and practice of therapeutic communication skills and working in multidisciplinary teams. It would appeal to all health professionals from all care settings, including inpatient, community, palliative care, cancer care, aged care, outpatients, pastoral care, bereavement workers, case managers, complementary therapists and Division 2 nurses.

### Our mission: leading the fight against cancer

The Cancer Council Victoria's core business is cancer control.



We conduct and support research, as well as delivering statewide support and prevention programs and advocacy to reduce the physical and emotional burden of cancer. Our leaders are of international standing and we are significantly and positively influencing the cancer agenda in Victoria and beyond.

We are a non-profit organisation and rely on the generous support of donors and volunteers.

## Evidence Based Palliative Care

18th July 2008

Incorporating basics of quantitative and qualitative research, ethical issues, evaluation and quality activities, this topic also focuses on implementing research into practice and dissemination strategies (eg presentations, publications). This topic is designed for doctors and nurses (Division 1 & 2), social workers, physiotherapists, occupational therapists and psychologists from all settings. It is also a must for those interested in research, quality programs and for project managers.

## Symptom Management in Palliative Care

7th August 2008

Focusing on symptom assessment and management, and technical skills, this topic is only offered to doctors and nurses and would benefit those working in aged care, palliative care, cancer care, acute care and community care.

## Palliative Care in Non - Cancer Contexts

8th August 2008

This topic covers non-cancer contexts including aged care, paediatric care, neurodegenerative disorders, end-stage organ failure and HIV AIDS. It has been designed for health professionals from aged care, palliative care, paediatric care and acute care including Division 2 nurses.

## Psychosocial Aspects of Palliative Care

11th September 2008

This topic focuses on psychological/psychiatric syndromes, psychotherapeutic, social and ethical/legal issues and is targeted at doctors and nurses (Division 1 & 2) psychologists and social workers working in palliative care, acute care, cancer care, aged care and in particular psychologists and social workers.

## Family Centred Palliative Care and Cultural Issues

12th September 2008

Incorporating cultural issues and bereavement care, this topic would appeal to all health professionals from all care settings, including inpatient, community, palliative care, cancer care, aged care, outpatients, Division 2 nurses, pastoral care, bereavement workers, case managers and complementary therapists.

# Academic Coordinators >



## Associate Professor Peter Hudson RN, PhD

Dr Hudson is the Director of the Centre for Palliative Care Education and Research, an academic unit located within St Vincent's Hospital, with affiliations to The University of Melbourne. It concerns itself with undergraduate and postgraduate teaching, professional development, and research relevant to the fostering, promotion and critical study of palliative care. Peter is a member of the Department of Human Services (Victoria) Palliative Care Implementation Advisory Committee, a former Vice President of Palliative Care Victoria and co-founder of the International Palliative Care Family Caregiver Research Collaboration. Peter has an extensive background in palliative care education and research. He is a co-editor of 'Family Carers and Palliative Care' (Oxford University Press). Peter leads several competitively funded multi-site research studies and has published widely in international journals.



## Ms Karen Quinn RN MN (Research)

Research Fellow, Centre for Palliative Care Education & Research; St Vincent's Hospital and The University of Melbourne Clinical Nurse Educator, Caritas Christi Hospice, St Vincent's Hospital.

Karen has worked in palliative care since 1994, primarily in inpatient services. She has been a clinical nurse educator since 2002 and holds an Honorary Fellow position with the University of Melbourne. Karen's research role includes involvement on several multi-site projects. She continues to have a clinical role within St Vincent's Health.